



I'm very grateful our paths have crossed and that we will be meeting together very soon. I am excited to get to know you, what your health issues are and to help you start healing. In the mean time before we meet, some paperwork will be needed. This will ensure that I have the best overall picture of how to help you. In this file you will find the paperwork and everything that you will need to make the most of your initial appointment.

Please fill this paperwork out completely and sign where appropriate (last 2 pages). Bring the paperwork with you to the session completely filled out. If this is not done, 20-30 minutes of the session will be lost and no additional time will be added. If we are having a phone consultation, please fill out, scan and return to me through email the night before our first session (dr@drscottgraves.com).

Initial 1st appointment (55 minutes - \$145):

- We will go over a thorough and detailed health history (20-30 minutes). Even though you fill out paperwork, more questions may be asked for further clarification into your specific issues.
- We also will do treatment (acupuncture normally) if the appointment is done in the clinic.
- Intuitive testing (applied kinesiology), tongue diagnosis and pulse diagnosis. Using the Nutrition Response Testing format through the pulse, you will be tested for the weakest organs, glands or parts of the body that need the most physical healing and what organic whole food supplements can help those parts of the body to best heal. You body is also tested for heavy metals, chemicals, food sensitivities, pathogens or scars that may be causing confusion in your nervous system. If a full detoxification is needed, it may be suggested. Supplements are always recommended and those are an additional cost, usually between 80-\$120.
- This cost of the initial appointment also includes full access to Dr. Scott's incredible online course called Total Gut Transformation (\$100 value). If it is a distance session being done over the phone, payment can be made by credit card. Payment is made in full at the end of the 1st appointment with cash, check or credit card.

Follow up appointments (55 minutes - \$100)

- We will go over a detailed report discussing what was found in the testing (20-30 minutes). The focus of this report is mostly on physical healing. You are encouraged to ask questions. Other resources will be presented here that will greatly aid you in the healing process.
- Healthy clean eating. Many people have questions about what to eat and what is best for them. Dr. Scott will give some general recommendations about how to eat in order to heal.
- Acupuncture treatment will be performed. In phone consultations on the 2nd visit, we generally tend to jump right into emotional release.
- Express acupuncture visits (30 minutes - \$60) are available for those that need to be seen more than once per week. Usually this is for those with acute injuries.

***There is a 24 hour rescheduling/cancellation policy. You are encouraged to put in a 48 hour (2 day) reminder in your phone so that you can have adequate time to reschedule or cancel. Rescheduling or canceling that is done within 24 hours will be subject to the full cost of an hour long session (\$95).**

Chinese medicine is a complete system of medicine and my mission is to bring the brilliance of this medicine to the world and to help as many people as possible by natural means. Any and all health problems can be treated with Chinese medicine including headaches, asthma, depression/anxiety, digestive issues, pain, PMS symptoms, infertility, fatigue, insomnia, skin issues (acne, eczema, dermatitis), or anything else.

Health And Well Being History Form

Name:	Email:
Address:	City, State, Zip:
Home Phone:	Profession:
Cellular Phone:	Referred by:
Date:	Date of Birth:

PART 1.

* Please answer the following questions honestly and to the best of your ability.



TRIUNE
WELLNESS CENTER

Describe the problem(s) for which you seek help. Please include dates when each problem occurred:

Past medical history (previous injuries, accidents, surgeries, etc. Please describe and include approximate dates:

List the medications (including over the counter) and supplements you are currently taking:

Have you ever had this problem before, and if so when?

What are your goals in us working together?

Please list any other kind of healthcare professional you are seeing for this/these problem(s):

Please list any medical tests you have had within the past year:

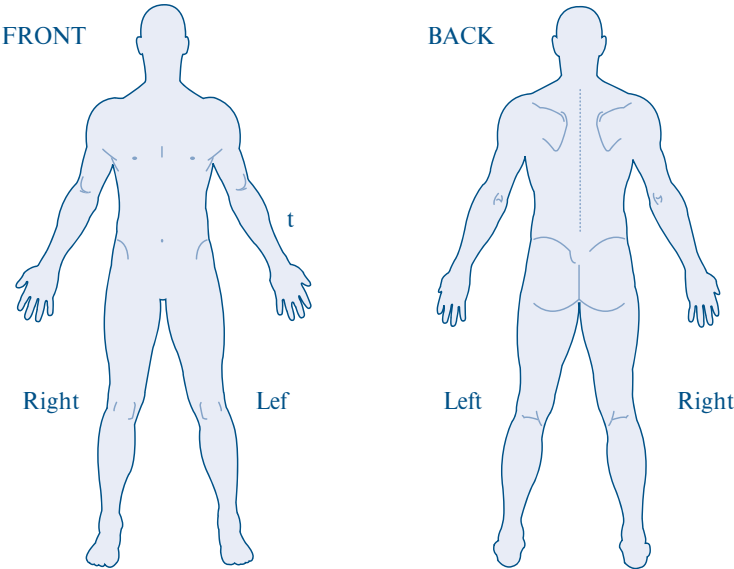
PART 2.			
* Please mark the circle that best describes the frequency you experience the below conditions. Leave blank if there is never a problem		① Rarely (once a month or less) ② Occasionally (less than once a week) ③ Frequently (more than once a week) ④ Constantly	
DIGESTION	① ② ③ ④ Loose stool or Diarrhea	① ② ③ ④ Gas or belching	① ② ③ ④ Blood in stool
	① ② ③ ④ Constipation	① ② ③ ④ Stomach or intestinal pain	① ② ③ ④ Black or dark stool
	① ② ③ ④ Poor digestion	① ② ③ ④ Heartburn	① ② ③ ④ Light colored stool
	① ② ③ ④ Parasites	① ② ③ ④ Excessive appetite	① ② ③ ④ Difficulty digesting oily food
	① ② ③ ④ Acid reflux	① ② ③ ④ Poor appetite	yes no High cholesterol
	① ② ③ ④ Hiatal Hernia	① ② ③ ④ Irritable bowels	yes no Gall stones
	① ② ③ ④ Nausea / vomiting	① ② ③ ④ Hemorrhoids	
RESPIRATORY	① ② ③ ④ Wet cough	① ② ③ ④ Nasal problems	① ② ③ ④ Other: _____
	① ② ③ ④ Dry cough	① ② ③ ④ Poor sense of smell	yes no Pneumonia
	① ② ③ ④ Chest tightness	① ② ③ ④ Sinus problems	yes no Asthma
	① ② ③ ④ Shortness of breath	① ② ③ ④ Allergies	yes no Emphysema
	① ② ③ ④ Congestion	① ② ③ ④ Hay fever	yes no Bronchitis
	① ② ③ ④ Wheezing	① ② ③ ④ Catches colds easily	yes no Do you smoke? Number per day: _____
CARDIOVASCULAR	① ② ③ ④ Hypertension	① ② ③ ④ Restlessness	yes no Heart disease
	① ② ③ ④ Hypotension	① ② ③ ④ Heart palpitation	yes no Phlebitis
	① ② ③ ④ Chest pain	① ② ③ ④ Slow heart rate	① ② ③ ④ Poor blood clotting
	① ② ③ ④ Dizziness	① ② ③ ④ Poor circulation	yes no Heart attack How many times? _____
	① ② ③ ④ Easily bruised	① ② ③ ④ Blood clots	yes no Stroke How many times? _____
	① ② ③ ④ Edema	① ② ③ ④ Sweaty hands / feet	yes no Other: _____
	① ② ③ ④ Cold hands / feet	① ② ③ ④ Anemia	
URINARY	① ② ③ ④ Painful urination	① ② ③ ④ Ear aches	yes no Low back pain
	① ② ③ ④ Incontinence	yes no Hearing impairment	yes no Knee problems
	① ② ③ ④ Difficulty with urination	yes no Kidney stones	yes no Other: _____
	① ② ③ ④ Ringing in ears	yes no Kidney infections	
NERVOUS SYSTEM	yes no Dyslexia	yes no Epilepsy	yes no Developmental or growth problems
	yes no Learning disorder	yes no Head injury	yes no Nervous disorder? Type: _____
	yes no Multiple Sclerosis	yes no Numbness, Where? _____	yes no History of mold exposure
	yes no Muscular dystrophy	yes no Tingling, Where? _____	yes no Past mononucleosis infection
MUSCLES / JOINTS	① ② ③ ④ TMJ pain	① ② ③ ④ Arm Weakness	yes no Rheumatoid Arthritis
	① ② ③ ④ Facial pain	① ② ③ ④ Trunk Weakness	yes no Artificial joints
	① ② ③ ④ Loss of Balance	① ② ③ ④ Difficulty walking	yes no Broken bones, fractures? _____
	① ② ③ ④ Poor coordination	① ② ③ ④ Joint swelling	
	① ② ③ ④ Leg Weakness	yes no Osteoarthritis	yes no Pins, etc? _____

Mark the circle of painful areas, and indicate on which side: (R) right and / or (L) left											
MUSCLES / JOINTS (cont)	<input type="radio"/> yes <input type="radio"/> no	Shoulder	<input type="radio"/> R <input type="radio"/> L	<input type="radio"/> yes <input type="radio"/> no	Legs	<input type="radio"/> R <input type="radio"/> L	<input type="radio"/> yes <input type="radio"/> no	Mid back	<input type="radio"/> R <input type="radio"/> L		
	<input type="radio"/> yes <input type="radio"/> no	Arm	<input type="radio"/> R <input type="radio"/> L	<input type="radio"/> yes <input type="radio"/> no	Knee	<input type="radio"/> R <input type="radio"/> L	<input type="radio"/> yes <input type="radio"/> no	Low back	<input type="radio"/> R <input type="radio"/> L		
	<input type="radio"/> yes <input type="radio"/> no	Elbow	<input type="radio"/> R <input type="radio"/> L	<input type="radio"/> yes <input type="radio"/> no	Foot	<input type="radio"/> R <input type="radio"/> L	<input type="radio"/> yes <input type="radio"/> no	Limited movement? Where? _____			
	<input type="radio"/> yes <input type="radio"/> no	Hands	<input type="radio"/> R <input type="radio"/> L	<input type="radio"/> yes <input type="radio"/> no	Neck	<input type="radio"/> R <input type="radio"/> L		_____			
	<input type="radio"/> yes <input type="radio"/> no	Hip	<input type="radio"/> R <input type="radio"/> L	<input type="radio"/> yes <input type="radio"/> no	Upper back	<input type="radio"/> R <input type="radio"/> L		_____			
OTHER	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4	Insomnia			<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4	Fatigue			<input type="radio"/> yes <input type="radio"/> no	Weight loss	
	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4	Depression			<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4	Difficulty with speech			<input type="radio"/> yes <input type="radio"/> no	Tuberculosis	
	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4	Sleep too much, how long? _____			<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4	No thirst			<input type="radio"/> yes <input type="radio"/> no	Thyroid problems	
	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4	Shaky			<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4	Excessive thirst			<input type="radio"/> yes <input type="radio"/> no	Fibromyalgia	
	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4	Poor memory			<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4	Dry mouth			<input type="radio"/> yes <input type="radio"/> no	Poor sense of smell	
	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4	Difficulty paying attention			<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4	Pain at night			<input type="radio"/> yes <input type="radio"/> no	Poor sense of taste	
	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4	Anxiety			<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4	Headaches			<input type="radio"/> yes <input type="radio"/> no	Cancer, Where? _____	
	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4	Easily angered			<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4	Migraines			<input type="radio"/> yes <input type="radio"/> no	Allergies? List: _____	
	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4	Obsessive tendencies in work relationships			<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4	Eye pain				_____	
	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4	Difficulty making plans or decisions			<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4	Dry eyes			<input type="radio"/> yes <input type="radio"/> no	Hepatitis? type: _____	
	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4	Dizziness			<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4	Watery eyes			<input type="radio"/> yes <input type="radio"/> no	Infectious disease: _____	
	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4	Soft or brittle nails			<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4	Other eye problems? _____			<input type="radio"/> yes <input type="radio"/> no	Herpes	
	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4	Intolerance to temperature / weather changes			<input type="radio"/> yes <input type="radio"/> no	Dental problems			<input type="radio"/> yes <input type="radio"/> no	Candida	
	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4	Fever			<input type="radio"/> yes <input type="radio"/> no	Poor hearing			<input type="radio"/> yes <input type="radio"/> no	Shingles	
	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4	Chills			<input type="radio"/> yes <input type="radio"/> no	Difficulty swallowing			<input type="radio"/> yes <input type="radio"/> no	Chemical dependency	
	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4	Nose bleeds			<input type="radio"/> yes <input type="radio"/> no	Diabetes				_____	
	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4	Swollen glands			<input type="radio"/> yes <input type="radio"/> no	Weight gain			<input type="radio"/> yes <input type="radio"/> no	Skin condition: _____	
	MEN ONLY	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4	Prostate problems			<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4	Impotence			<input type="radio"/> yes <input type="radio"/> no	Infertility
		<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4	Pain associated with genitals			<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4	Problems urinating			<input type="radio"/> yes <input type="radio"/> no	Prostate cancer
WOMEN ONLY	<input type="radio"/> 1 <input type="radio"/> 2 <input type="radio"/> 3 <input type="radio"/> 4	Breast pain or tenderness			<input type="radio"/> yes <input type="radio"/> no	Menopausal symptoms: _____			<input type="radio"/> yes <input type="radio"/> no	Ovarian cysts	
	<input type="radio"/> yes <input type="radio"/> no	Breast lumps			<input type="radio"/> yes <input type="radio"/> no	Are your cycles regular? Length of cycle: _____			<input type="radio"/> yes <input type="radio"/> no	Endometriosis	
	<input type="radio"/> yes <input type="radio"/> no	Nipple discharge			<input type="radio"/> yes <input type="radio"/> no	Painful menses with heavy or excessive flow			<input type="radio"/> yes <input type="radio"/> no	PMS	
	<input type="radio"/> yes <input type="radio"/> no	Menopause			<input type="radio"/> yes <input type="radio"/> no	Painful intercourse			<input type="radio"/> yes <input type="radio"/> no	Infertility	
WELL BEING	* Please circle any of the following feelings you have experienced in the last few months				* Please mark the circle that best describes the level of stress for the below listings						
	Abused	Paranoid	Unable to grieve	Panic	My family stress is: <input type="radio"/> None <input type="radio"/> Minimal <input type="radio"/> Moderate <input type="radio"/> Severe						
	Criticized	Overwhelmed	Apprehensive	Intolerant	My relationship stress is: <input type="radio"/> None <input type="radio"/> Minimal <input type="radio"/> Moderate <input type="radio"/> Severe						
	Overworked	Muddled	Agitated	Uncertainty	My work stress is: <input type="radio"/> None <input type="radio"/> Minimal <input type="radio"/> Moderate <input type="radio"/> Severe						
	Paralyzed	Persecuted	Uneasy	Aggravated	My financial stress is: <input type="radio"/> None <input type="radio"/> Minimal <input type="radio"/> Moderate <input type="radio"/> Severe						
	Depressed	Guilty	Distress	Annoyed	My health stress is: <input type="radio"/> None <input type="radio"/> Minimal <input type="radio"/> Moderate <input type="radio"/> Severe						
	Rejected	Easily irritated	Fearful	Angry	Other stress is _____: <input type="radio"/> None <input type="radio"/> Minimal <input type="radio"/> Moderate <input type="radio"/> Severe						
	Despair	Anxious	Impatient	Outraged							
	Helpless	Sad	Intimidated	Nervous							
	Hopeless	Grieving	Restless	Worried							

How much time do you have for yourself to relax and what do you do to relax, ie. hobbies, meditation, etc ?
Do you exercise? And if so, what kind and how often?
How many hours a night do you sleep? _____ Is your sleep restful? _____ If not, please explain: _____

PART 3. * Please list areas of pain and mark the circle that best describe the level of discomfort on a scale of 1 to 10 .	1. Slight awareness of discomfort. 2-3. Awareness of discomfort as an aggravation. 4-6. Pain is strong but you are still functional. 7-9. Pain is so strong you are unable to function 10. You feel like you need to go to the emergency room.
① ② ③ ④ ⑤ ⑥ ● ⑧ ⑨ ⑩ example: neck	① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩
① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩	① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩
① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩	① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩
① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩	① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩

PART 4.
 * Please shade areas of pain or discomfort on the body diagrams and make comments on the side if necessary.



COMMENTS:

Daily Record of Food Intake | Your diet may be the key to better health.

Please record what you have consumed/eaten for the previous 2 days. Please be sure to include the approximate amount of each item.

Name: _____

Day 1 - Date: _____

BREAKFAST Time: _____	LUNCH Time: _____	DINNER Time: _____
Meat & Dairy: _____	_____	_____
Vegetables & Fruits: _____	_____	_____
Breads, Cereals & Grains: _____	_____	_____
Fats (butter, margarine, oils, etc.): _____	_____	_____
Candy, Sweets, & Junk Food: _____	_____	_____
Water Intake (fl. oz): _____	_____	_____
Other Drinks: _____	_____	_____
MID-MORNING SNACK Time: _____	MID-DAY SNACK Time: _____	NIGHTTIME SNACK Time: _____
Snack: _____	_____	_____
Bowel Movements (#andconsistency): _____	Hours of Sleep: _____	Quality of Sleep (good) 1 2 3 4 5 (poor) _____
_____	_____	_____

Day 2 - Date: _____

BREAKFAST Time: _____	LUNCH Time: _____	DINNER Time: _____
Meat & Dairy: _____	_____	_____
Vegetables & Fruits: _____	_____	_____
Breads, Cereals & Grains: _____	_____	_____
Fats (butter, margarine, oils, etc.): _____	_____	_____
Candy, Sweets, & Junk Food: _____	_____	_____
Water Intake (fl. oz): _____	_____	_____
Other Drinks: _____	_____	_____
MID-MORNING SNACK Time: _____	MID-DAY SNACK Time: _____	NIGHTTIME SNACK Time: _____
Snack: _____	_____	_____
Bowel Movements (#andconsistency): _____	Hours of Sleep: _____	Quality of Sleep (good) 1 2 3 4 5 (poor) _____
_____	_____	_____

1. How many servings (cups) of vegetables do you eat per day? _____
2. How many servings (cups) of fruits do you eat per day? _____
3. Where is your cell phone located when you sleep at night? _____
4. Do you use non-organic personal care products? _____
5. How often do you use a microwave? _____
6. Do you have a water filtration system at home? _____ If not, where do you get your drinking water from? _____
7. Do you smoke (cigarettes, marijuana or other)? _____
8. How often do you drink alcohol? _____

ARBITRATION AGREEMENT

Between patient and Dr. Scott Graves (Triune Wellness, LLC)

Article 1: Agreement to Arbitrate:

It is understood that any dispute as to medical malpractice, that is as to whether any medical services rendered under this contract were unnecessary or unauthorized or were improperly, negligently, or incompetently rendered, will be determined by submission to arbitration as provided by state and federal law, and not by a lawsuit or resort to court process except as state and federal law provides for judicial review of arbitration proceedings. Both parties to this contract, by entering into it, are giving up their constitutional right to have any such dispute decided in a court of law before a jury, and instead are accepting the use of arbitration.

Article 2:

All Claims Must be Arbitrated: It is also understood that any dispute that does not relate to medical malpractice, including disputes as to whether or not a dispute is subject to arbitration, and procedural disputes will also be determined by submission to binding arbitration. It is the intention of the parties that this agreement binds all parties as to all claims, including claims arising out of or relating to treatment or services provided by the health care provider including any heirs or past, present, or future spouse(s) of the patient in relation to all claims, including loss of consortium. This agreement is also intended to bind any children of the patient whether born or unborn at the time of the occurrence giving rise to any claim. This agreement is intended to bind the patient and the health care provider and/or other licensed health care providers or preceptorship interns who now or in the future treat the patient while employed by, working or associated with, or serving as back-up for the health care provider, including those working at the health care provider's clinic or office or any other clinic or office whether signatories to this form or not. All claims for monetary damages exceeding the jurisdictional limit of the small claims court against the health care provider, and/or the health care provider's associates, association, corporation, partnership, employees, agents, and estate, must be arbitrated including, without limitation, claims for loss of consortium, wrongful death, emotional distress, injunctive relief, or punitive damages.

Article 3: Procedures and Applicable Law:

A demand for arbitration must be communicated in writing to all parties. Each party shall select an arbitrator (party arbitrator) within thirty days and a third arbitrator (neutral arbitrator) shall be selected by the arbitrators appointed by the parties within thirty days thereafter. The neutral arbitrator shall then be the sole arbitrator and shall decide the arbitration. Each party to the arbitration shall pay such party's pro rata share of the expenses and fees of the neutral arbitrator, together with other expenses of the arbitration incurred and approved by the neutral arbitrator, not including counsel fees, witness fees, or other expenses incurred by a party for such party's own benefit. Either party shall have the absolute right to bifurcate the issues of liability and damage upon written request to the neutral arbitrator. The parties consent to the intervention and joinder in this arbitration of any person or entity that would otherwise be a proper additional party in a court action, and upon such intervention and joinder any existing court action against such additional person or entity shall be stayed pending arbitration. The parties agree that the provisions of state and federal law, where applicable, establishing the right to introduce evidence of any amount payable as a benefit to the patient to the maximum extent permitted by law, limiting the right to recover non-economic losses, and the right to have a judgment for future damages conformed to periodic payments, shall apply to disputes within this Arbitration Agreement. The parties further agree that the Commercial Arbitration Rules of the American Arbitration Association shall govern any arbitration conducted pursuant to this Arbitration Agreement.

Article 4: General Provision:

All claims based upon the same incident, transaction, or related circumstances shall be arbitrated in one proceeding. A claim shall be waived and forever barred if (1) on the date notice thereof is received, the claim, if asserted in a civil action, would be barred by the applicable legal statute of limitations, or (2) the claimant fails to pursue the arbitration claim in accordance with the procedures prescribed herein with reasonable diligence.

Article 5: Revocation:

This agreement may be revoked by written notice delivered to the health care provider within 30 days of signature and if not revoked will govern all professional services received by the patient and all other disputes between the parties.

Article 6: Retroactive Effect:

If patient intends this agreement to cover services rendered before the date it is signed (for example, emergency treatment) patient should initial here. Effective as the date of first professional services. If any provision of the Arbitration Agreement is held invalid or unenforceable, the remaining provisions shall remain in full force and shall not be affected by the invalidity of any other provision. I understand that I have the right to receive a copy of this Arbitration Agreement. By my signature below, I acknowledge that I have received a copy. NOTICE: BY SIGNING THIS CONTRACT YOU ARE AGREEING TO HAVE ANY ISSUE OF MEDICAL MALPRACTICE DECIDED BY NEUTRAL ARBITRATION AND YOU ARE GIVING UP YOUR RIGHT TO A JURY OR COURT TRIAL. SEE ARTICLE 1 OF THIS CONTRACT.

Date:

Patient Name (or representative):

Patient Signature:

Consent To Treat Form

I hereby request and consent to the provision of services rendered by Scott Graves and/or other licensed providers at Triune Wellness, LLC.

I understand that methods of treatment may include, but are not limited to, acupuncture, moxibustion, manual therapy, ultrasound therapy, neuromuscular reeducation and/or other physical therapy modalities, cupping therapy, bleeding therapy, Gua Sha, injection therapy, recommendations for herbs and supplements, laser therapy, injections, electrical stimulation, Tui-Na (Oriental massage), Oriental herbal medicine, nutritional counseling and other modalities within the provider's scope of practice.

I understand that the herbs may need to be prepared and the teas consumed according to the instructions provided orally or in writing. The herbs may have an unpleasant smell and/or taste. I understand that post-treatment flare-ups (increased symptoms) are a normal and expected part of healing. However, I will immediately notify Triune Wellness, LLC of any increased pain or symptoms or if I am worried or concerned about any aspect of treatment or recommendations made by the provider. I understand that the support staff is not qualified to give me medical advice or treatment recommendations.

I have been informed that acupuncture and bodywork are generally safe methods of treatment, but that they may have some side effects, including but not limited to, soreness, bruising, numbness, or tingling near the needling sites of needle insertion or manual work, dizziness, or fainting. Bruising and tenderness are common side effects of acupuncture, injections, and massage, and physical medicine modalities. Rare or unusual risks of acupuncture include spontaneous miscarriage, nerve damage, and organ puncture, including lung puncture (pneumothorax). Infection is another possible risk, although the clinic uses disposable sterile needles and maintains a clean and safe environment. Some potential risks of injections of any type are bruising, tenderness, allergic reaction to products or devices, numbness, muscle soreness, or nerve damage.

Burns and/or scarring are a potential risk of moxibustion and fire cupping. I understand that while this document describes the major risks of treatment, other side effects and risks may occur. The herbs and nutritional supplements (which are from plant, animal, synthetic, and mineral sources) that have been recommended are traditionally considered safe in the practice of Oriental Medicine, although some may be toxic in large doses. I agree to inform the provider at the time of product recommendation if I am on blood thinners, have a heart condition, am breastfeeding, have diabetes, or am on any medications, though ultimately it is my responsibility to research herb-drug interaction before choosing to take any herbs, vitamins or supplements that are recommended.

I understand that some herbs may be inappropriate during pregnancy. Some possible side effects of taking herbs are nausea, gas, stomachache, vomiting, headache, diarrhea, rashes, hives, and tingling of the tongue. I will notify a clinical staff member who is caring for me if I am or become pregnant or are nursing, on blood thinners, have a change in medication, new diagnosis or symptoms, change in symptoms, have or get a pace-maker, have diabetes, hypertension, thyroid issues or other health conditions arise or change.

I do not expect the clinical staff to be able to anticipate and explain all possible risks and complications of treatment. I wish to rely on the clinical staff to exercise judgment during the course of treatment which the clinical staff thinks at the time, based upon the facts then known is in my best interest. I understand that results are not guaranteed.

I understand the clinical and administrative staff may review my patient records and lab reports and my records may be shared with my insurance company to facilitate payment but all my records will be kept confidential and will not be released without my written consent.

By voluntarily signing below, I show that I have read, or have had read to me, the above consent to treatment, have been told about the risks and benefits of acupuncture and other procedures, and have had an opportunity to ask questions. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment.

Date:

Patient Name (Printed):

Patient Name (Signed):